

# Reflections from a Clinical Placement in Rural South India

## Spinal Cord Injury Rehabilitation

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AMAR SEVA SANGAM  
A Valley for the Differently Abled  
TAMIL NADU, INDIA

### Location and Clinical Site

### Clinical Experience and Challenges



Amar Seva Sangam (ASSA) is a grassroots NGO located in Ayikudy Village in Tamil Nadu. ASSA is a leader in community rehabilitation, education, and empowerment of persons with disabilities in rural South India. Handi-Care Intl. – a Canadian charity – has been arranging clinical placements for PT and OT students at ASSA since 2006.

The centre includes:

- Integrated school
- Centre for early intervention for children with delayed development
- Outpatient rehab facility for stroke, neurological impairments and MSK injuries
- Post-acute care rehab centre for SCI
- Vocational training centre
- Village-based rehabilitation program
- Hostel and residential home for youth affected by physical and intellectual disabilities

#### Details of Clinical Work

- Post-acute care for adult male patients with spinal cord injuries (SCI)
- ! 20 in-patients undergoing an intensive 6 months to 1 year rehabilitation program
- Patients receive therapy 6 days per week
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