- x Tomoko Ohyama on her promotion to Associate Professor, with tenure, in the Department of Biology. This is an important 2nd step in an academic's career, and our heart-felt congratulations go out to Tomoko for her achievement.
- for his work developing the concept of " " for patients before surgery at the MUHC. Prehabilitation is a multimodal program initiated before surgery. A person is evaluated for their exercise tolerance, physical strength, nutrition and mental health, and a customized plan is drawn up for them by a multidisciplinary team.
 Perioperative physicians, nurses, kinesiologists, physiotherapists, and nutritionists are all included and provide their expertise. The prehabilitation program generally spans 4 to 5 weeks before surgery and will usually include aerobic and strength exercises, protein and energy supplementation, anti-anxiety strategies, managing blood sugar levels, and alcohol and smoking cessation. This program is gaining increased interest at the international level, most recently at the 2024 American College of Surgeons Clinical Congress, where Dr. Liane Feldman, Surgeon-in-Chief and Medical Director of the MUHC Surgical Mission, presented the MUHC Prehabilitation Program.
- x Richard Hovey (PI) and Marc O Martel (co-I) and others for obtaining a 1 year, \$100K, award for their research project entitled "<u>Utilization of Psychosocial Oncology Services by Oral</u> <u>Cancer Patients in Montreal Area According to Their Minority Language Prof le</u>".
- x Etiennne Vachon-Presseau (PI), Luda Diatchenko, Jef Mogil, Mathieu Roy and others (all co-

- x PhD studentships (new): Xiang Ao, Hannah Cho, Jonathan Fan, Sahel Jahangiri Esfahani, Rose Rodrigues, Roseanna Rought, Ulfuara Shefa, Marie Vigouroux
- x PhD studentships (renewals): Nathan Augeard, Nichole Brown, Hannah Derue, Matthew Fillingim, Nicole George, Maya Jammoul, Rachael Osagie, Mengyi Xu
- x PDF Awards (new): Waseem Abu-Ashour, Volodya Hovhannisyan, Genevieve Laporte
- x PDF Awards (renewals): Goodarz Kolifarhood, Vibhu Kumar, Kevin Lancon
- x Pilot project research grants:
- x Emerson Krock: Immune regulation of DRG extracellular matrix in chemotherapy pain
- **x** Mathieu Roy, Exploring the neuroimmune mechanisms of physical exercise training for chronic low back pain
- x Reza Sharif-Naeini, Actuators of osteoarthritis pain
- x Mick Sullivan, Feasibility and Acceptability of an Evidence-Informed Brief Virtual Intervention to Reduce Perceptions of Injustice in Individuals with Chronic Musculoskeletal Pain
- x For obtaining QPRN pilot project funding:

Audrey Grant, Immunological and neurological quantitative traits to dissect causal genetic pathways leading to chronic pain

Emerson Krock, Protease regulation of DRG extracellular matrix in chemotherapy pain

Gabrielle Page, Detecting circadian rhythms of blood biomarkers at home in people with chronic lowback pain

- x Allutas Alhamwi on receiving a CGSM-CIHR scholarship!
- x on being awarded a CIHR-Vanier scholarship!
- x on receiving a NFRF (New Frontiers in Research Fund) grant for a study on "Reducing local air pollution exposure among adolescents with asthma in Cotonou, Benin"
- x on receiving a Chercheur-Boursier salary award from the FRQ-S
- x Hong Qian Wang, Zhang Lab, on receiving a FRQ Masters Studentship
- x LuQi (Lucky) Wang, Zhang Lab, HBHL undergrad research summer studentship