

A Prospective Evaluation of Insulin and Insulin-like Growth Factor-I as Risk Factors for Endometrial Cancer

Marc J. Gunter,¹ Donald R. Hoover,³ Herbert Yu,⁴ Sylvia Wassertheil-Smoller,¹
JoAnn E. Manson,⁵ Jixin Li,³ Tiffany G. Harris,¹ Thomas E. Rohan,¹ XiaoNan Xue,¹
Gloria Y.F. Ho,¹ Mark H. Einstein,² Robert C. Kaplan,¹ Robert D. Burk,¹ Judith Wylie-Rosett,¹
Michael N. Pollak,⁶ Garnet Anderson,⁷ Barbara V. Howard,⁸ and Howard D. Strickler¹

¹Albert Einstein College of Medicine and ²Montefiore Medical Center, New York, New York; ³

This is critical, given the mutual association of hyper-

age-adjusted hazard ratio estimates for the association of free IGF-I and endometrial cancer between batches and confirmed that the results did not significantly differ ($P = 0.35$).

Statistical Analysis. The baseline characteristics of cases and the subcohort were compared using the Wilcoxon rank sum test (for continuous data) or Pearson's χ^2 (for categorical data). Serologic assay results were expressed as quartiles or tertiles based on the distribution of values in the subcohort. For those assays conducted in two separate batches, we determined the quartiles separately for each batch. This was done to minimize the possibility that even unrecognized variations in laboratory results across batches might affect our findings. Correlations between these serologic data, age, and body mass index (BMI) were assessed in the subcohort using Spearman's correlation coefficient. To assess the effects of hormone therapy on each of the measured serologic factors, we determined their mean values by hormone therapy stratum categorized as (a) users of combined estrogen and progesterone or (b) nonusers of estrogen and progesterone and compared

these values using the Wilcoxon rank sum test. Hazard ratios measuring the associations of our serologic data, as well as other risk factors, with risk for endometrial cancer were estimated using multivariable Cox proportional hazard regression models that used the Self-Prentice method for robust standard error estimates (to account for the case-cohort design), with time to event as the underlying time scale. Our main models were adjusted for (a) age, categorized as 50-54 (reference), 55-59, 60-64, 65-69, 70-74, or 75-79 years of age; (b) BMI, categorized as <18.5, 18.5 to <25 (reference), 25.0 to <30, 30 to <34, or ≥ 34 kg/m²; and (c) hormone therapy use or endogenous estradiol levels. Estradiol data were assessed in non... hormone therapy users only because hormone therapy complicates estradiol measurement. This created four nonoverlapping findings. hormco7

users) to be modeled. Reported epidemiologic risk factors for endometrial cancer (that is, parity, age at first live birth, age at menopause, oral contraceptive use, physical activity, smoking, and alcohol consumption) were tested as potential confounding variables by stepwise inclusion in these multivariable models, and variables that altered the hazard ratio by 10% or more were retained in the final model. Analyses stratified by hormone therapy use (user/nonuser) and BMI (<25.0 or

adenocarcinoma, we detected no significant heterogeneity in the results stratified by hormone therapy use. There was no association between any of the serologic factors and non-endometrioid adenocarcinomas (data not shown).

Stratification by BMI.

(University of Wisconsin, Madison, WI) Gloria E. Sarto;
(Wake Forest University School of Medicine, Winston-Salem, NC) Mara Vitolins; (Wayne State University School of Medicine/Hutzel Hospital, Detroit, MI) Susan Hendrix.

References

1. Parkin DM, Bray F, Ferlay J, Pisani P. Global cancer statistics, 2002. *CA Cancer J Clin* 2005;55:74-108.
2. American Cancer Society. Cancer facts and figures, 2006. <http://www.cancer.org/docroot/home/index.asp>.
3. Bergstrom A, Pisani P, Tenet V, Wolk A, Adami HO. Overweight as an avoidable cause of cancer in Europe. *Int J Cancer* 2001;91:421...30.
4. Kaaks R, Lukanova A, Kurzer MS. Obesity, endogenous hormones, and endometrial cancer risk: a synthetic review. *Cancer Epidemiol Biomarkers Prev* 2002;11:1531...43.
5. Potischman N, Gail MH, Troisi R, Wacholder S, Hoover RN. Measurement error does not explain the persistence of a body mass index association with endometrial cancer after adjustment for endogenous hormones. *Epidemiology* 1999;10:76...9.
6. Nagamani M, Stuart CA. Specific binding and growth-promoting activity of insulin in endometrial cancer cells in culture. *Am J Obstet Gynecol* 1998;179:6...12.
7. Yu H, Rohan T. Role of the insulin-like growth factor family in cancer development and progression. *J Natl Cancer Inst* 2000;92:1472...89.
8. Mynarcik DC, Williams PF, Schaffer L, Yu GQ, Whittaker J. Identification of common ligand binding determinants of the insulin and insulin-like growth factor 1 receptors. Insights into mechanisms of ligand binding. *J Biol Chem* 1997;272:18650...5.
9. Juul A, Holm K, Kastrup KW, et al. Free insulin-like growth factor I serum levels in 1430 healthy children and adults, and its diagnostic value in patients suspected of growth hormone deficiency. *J Clin Endocrinol Metab* 1997;82:2497...502.
10. Cust AE, Allen NE, Rinaldi S, et al. Serum levels of C-peptide, IGFBP-1 and IGFBP-2 and endometrial cancer risk; results from the European prospective investigation into cancer and nutrition. *Int J Cancer* 2007;120:2656...64.
11. Lukanova A, Zeleniuch-Jacquotte A, Lundin E, et al. Prediagnostic levels of C-peptide, IGF-I, IGFBP -1, -2 and -3 and risk of endometrial cancer. *Int J Cancer* 2004;108:262...8.
12. Bonser AM, Garcia-Webb P. C-peptide measurement: methods and clinical utility. *Crit Rev Clin Lab Sci* 1984;19:297...352.
13. Chu NF, Spiegelman D, Rifai N, Hotamisligil GS, Rimm EB. Glycemic status and soluble tumor necrosis factor receptor levels in relation to plasma leptin concentrations among normal weight and